

Win Win

Love Deeply Tool



Win Win

7 Steps to Win/Win Outcomes

- 1.Commit To A No-Losers Policy: Each spouse in the privacy of their own heart commits to approaching the issue from a No-Losers standpoint.
- 2. **Pray**: Couples intentionally seek the guidance of God regarding the issue.
- 3. Heart Talk: Couples begin the process by uncovering the Heart issues underlying the conflict or decision. By connecting at a heart level first, they increase their understanding of the many different facets of the issue.
- 4. **Brainstorm Options**: This is "green light thinking" time ... begin listing every possible option you both can come up with. It is important not to evaluate or criticize any option mentioned in this step.
- 5. **Evaluate The Options**: Narrow the options down to the top two or three you both feel the most comfortable with.
- 6. Pick One And Implement Or Wait: Choose a strategy and act upon it or wait if none of the options results in a win/win. If stuck at this point it is a good indication that more HeartTalk is needed. There may be some important aspects of the issue not yet identified.
- 7. Revisit The Selected Option And Rework If Necessary: This step is so critical to the overall effectiveness of the win-win. It allows both spouses the opportunity to reconsider a decision. If the plan is not contributing to the results both partners feel good about, then it is important to begin the seven steps again to arrive at a different plan.



Thank You!

We hope you found this tool helpful for you and your partner. If you're looking for more helpful resources like this one, check out our website.

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