



How to Love Well

Love Deeply Tool

KEVIN DALY | BROKENCHAINSINTL.COM



How to Love Well

Love one another as I have loved you (John 15:12)

LISTEN – TO UNDERSTAND NOT TO RESPOND.

OWN – TAKE RESPONSIBILITY FOR WHAT YOU CAN.

VALIDATE – PUT YOURSELF IN THEIR SHOES AND AGREE THAT YOU WOULD FEEL SOMETHING SIMILAR IF YOU SAW THE SITUATION THE WAY THEY DO....

EXPRESS – SHARE YOUR PERSPECTIVE IF YOU FEEL LIKE IT WOULD HELP, BUT ONLY AFTER YOU HAVE LOVED



Thank You!

We hope you found this tool helpful for you and your partner. If you're looking for more helpful resources like this one, check out our website.

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