

# 5 Romantic Ideas for Each Of The 5 Love Languages

Love Deeply Tool



If you're married and are a Christian, you've most likely heard of Gary Chapman's bestselling book, The Five Love Languages.

This is what gave me the idea to offer five **romantic ideas for each of the five love languages**. Determining the way you express and receive love can help your spouse in knowing how to best romance you and also help you know how to romance them.

If you haven't done so already, you can find out your love language by taking this short free test. Then come back and choose something from the following list to romance your spouse this week.

See if what you plan isn't more meaningful to your spouse. And see if what they do for you is something that stands out in your heart and mind a special.



#### I. WORDS OF AFFIRMATION

- Write your spouse a love letter. If you're not sure how to do this-check out this awesome resource <u>Romancing Your</u> <u>Lady in Writing.</u>
- Make a list of 10 things you appreciate about your spouse.
  Write each one on a separate post-it note and hide them
  around the house so they'll find them over time. Hiding
  place ideas: underwear drawer, inside the coffee filters,
  around their toothbrush, on the shower wall, on their car
  dash, inside their briefcase, in-between slices of bread in
  the wrapper, on the washing machine control panel, in the
  mailbox.
- Commend something your spouse has done recently on your **Facebook** page. Be sure to tag them in the post.
- Search YouTube and **find a song that says what you want to say** to encourage your spouse. E-mail them the link telling them, "This song says it all I love you!"Talk to them softly while making love, communicating what you love most about how they love you.
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### 2. ACTS OF SERVICE

- Tell your spouse you're going to **take over one of their dreaded chores** because you love them. You can do this for a certain period of time, or forever. Either way is sure to speak volumes to your spouse.
- Be quick to do whatever your spouse asks you to do for them. If it takes a package to the post office for them, but that task at the top of your to-do list for the day.
- Ask your spouse, "What is the most meaningful thing I do for you?", and then be faithful to always do it, as much as it's in your ability to do so. If it's being punctual to appointments, work on being on time. If it's having the car cleaned inside and out, do all you can to keep it clean and shiny. If it's having the laundry done on a certain day, work hard to stay on top of it. You may be surprised at what it is, or you may already know without asking.
- **Keep a shortlist of repairs** needed around the house. If you don't know how to do something, ask someone who does to teach you how.
- If your spouse normally makes the bed, make it for them.
   Or cook them their favorite meal. Find something unexpected you can do that will make them smile.



#### 3. RECEIVING GIFTS

- Make the most of the unusual holidays and buy a small gift for your spouse. Have it wrapped and placed where they'll find it on their own. Here is a list of such holidays according to the months of the year. You may be surprised to see how many there are.
- Make a mental note of little things your spouse mentions that
  they like. It might be daisies are their favorite flower, or they love
  a certain perfume or scarf. It could be a favorite candy bar, to a
  movie they want to see. Whatever it is, if it's within your budget,
  surprise them by getting it for them. They will be blessed not
  only that you bought them the gift, but that you paid attention
  to what they said.
- Subscribe them to a favorite magazine or one that represents something they love, like gardening, cooking, golf, or car-racing.
- Make a certain day of the week their special day. It could be that
  every Monday you give them a small token of your love. The
  anticipation of the gift will be as special as actually getting it.
  They don't have to be expensive things either, just thoughtful.
  This is usually what those with the "receiving gifts" love language
  actually want...is to know that you thought enough of them to
  pick something out just for them, just because.
- Whenever you give a small gift, take the time to wrap it nicely. Often times the **presentation is as important as the gift itself**. And remember, just because this doesn't mean much to you (it receiving gifts isn't your love language), it is probably very important to your spouse.



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### 4. QUALITY TIME

- Make Date Nights a weekly event. Even if you can't afford a babysitter, <u>plan a night at home</u> that is yours alone.
- When your spouse asks to talk to you about something, put your smartphone or iPad down and **make eye-contact** with them while they speak.
- Use the questions from <u>Connect Like You Did When You</u> <u>First Met</u> on a regular basis to **enrich your conversation** about things you might not think to discuss.
- **Go to bed at the same time**, even if at times you have to get up after they've fallen asleep. It's meaningful for them to know that you've purposed to spend that time right before sleep together.
- **Go for walks together** after dinner. Even if the kids join you, the time spent will mean a lot.



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#### 5. PHYSICAL TOUCH

- Hold your spouse's hand whenever you're out together walking, whether in the mall, at the beach, or around the block.
- **Kiss your spouse often.** Make it a point to greet them at the door with a hug and a kiss. Do the same when they're leaving for the day.
- Sometimes holding your spouse without saying a word means the most to those with this love language.
- **Cuddle** together in bed.
- Give them regular neck, back, foot, or full-body <u>massages</u>. Buy various lotions and oils to make this even more of a treat.



### Thank You!

We hope you found this tool helpful for you and your partner. If you're looking for more helpful resources like this one, check out our website.

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